Screen-Time Vouchers
Take control of your child’s screen time

Encourage your child to be active every day. Use these screen time vouchers to limit your child’s screen time in exchange for physical activity.

To use these vouchers cut along the dotted line.

---

**Screen-Time Voucher**

For use with T.V., Video Games, iPods, Computer Games, Internet Surfing, Instant Messaging, Email Blasting!

* sleep-overs & birthday parties are exempt...

---

**Screen-Time Voucher**

For use with T.V., Video Games, iPods, Computer Games, Internet Surfing, Instant Messaging, Email Blasting!

* sleep-overs & birthday parties are exempt...

---

**Screen-Time Voucher**

For use with T.V., Video Games, iPods, Computer Games, Internet Surfing, Instant Messaging, Email Blasting!

* sleep-overs & birthday parties are exempt...

---

**Screen-Time Voucher**

For use with T.V., Video Games, iPods, Computer Games, Internet Surfing, Instant Messaging, Email Blasting!

* sleep-overs & birthday parties are exempt...